

# Dawn Myers CV

dm@dawnhr.com | 619.439.3808

[Website](#) | [LinkedIn](#)

## Experience

- Sept 2023 – Present     **DawnHR, LLC – Owner, CEO**
- Train and coach organizational leaders
  - Provide HR consulting services to small to midsize businesses
- Jan 2025 – Present     **SDSU L. Robert Payne School of Hospitality & Tourism - Adjunct Instructor**
- Development and Instruction - HTM Law 250
- Oct 2023 – Present     **Human Capital Institute - Trainer, Certificate Courses**
- Teach employment law, human resources, and leadership development
- June 2014 – Present     **SDSU Global Campus - Adjunct Instructor, Human Resource Certificate Program**
- Development and Instruction - Introduction to HR Management and Capstone
- Jan 2017 – Present     **Expert Witness - Various Employment Attorneys**
- Review and consultation on cases as requested
  - Provide testimony when needed
- Jan 2021 – Sept 2023     **Guided Leadership Solutions - Co-founder/Partner**
- Provide coaching, consulting, and HR services to professional service organizations
- Nov 2019 – July 2021     **Barrett Business Services, Inc. - Human Resources/Business Consultant**
- Provide consultancy to 75+ business owners on human resources, strategic planning, organizational development
- Mar 2018 – Oct 2019     **Pendry San Diego - Director, People & Culture**
- Responsible for human resources, leadership development, and risk management for 550+ employees
- April 2002 – Mar 2018     **San Diego Hotel Company LLC - Director, Human Resources**  
(Clarion Hotel & Marriott Gaslamp Qtr.)
- Closed the Clarion Hotel
  - Opened the Marriott Gaslamp Qtr.
  - Responsible for human resources, leadership development, and risk management for 250+ employees

## Honors

SD Regional East County Chamber of Commerce **Women in Leadership Award**, winner 2024, nominated 2022  
San Diego Union Tribune **Best Places to Work**, 13 years in a row  
San Diego Society for Human Resource Management **Workplace Excellence Award** 2007, 2010, 2011, 2012  
Hotel Motel/Hospitality Sales & Marketing Association International **Heart of the House Employee** 2012

## Affiliations

**California Chamber of Commerce Member** 2004 – present  
**Jobing.com Professional Advisory Committee Member** 2007-2010  
**San Diego County Bar Association** 2021 – 2023  
**San Diego Hospitality Human Resource Association President & Board Member** 2002 – 2023  
**San Diego State University Global Campus Hospitality Advisory Board Member** 2003-2010  
**San Diego State University Global Campus Human Resource Advisory Board** 2013-2020  
**San Diego Workforce Partnership Workforce Investment Board Member** 2006-2008

### Affiliations cont.

**SCORE Volunteer** 2022- 2024

**Society for Human Resource Management Member** 2004 – present

### Certifications

**SHRM** Society for Human Resource Management – Senior Certified Professional, 2014 – 2021

**OSHA/CalOSHA** General Industry Safety and Health Certification, Current

### Speaking

2024, Hospitality Human Resources Group, **Workplace Health Non-Negotiables – The Importance of Trust and Social Connectivity**

2024, Elevate HR, **Workplace Wellness – Supporting Employee Health and Wellbeing**

2024, Paratransit, Inc., **Working Together for Collective Success**

2023, SBDC National Conference, **Creating a Mentally Healthy Life and Workplace**

2023, BoomPop, **Collective Success – The Art of Communication and Collaboration**

2023, REF, **Successful Strategies to get Out of Emotional Groundhog Day and Develop a Mentally Strong Workplace**

2023, EZ Corporation, **Conquering Imposter Syndrome – Embracing Your True Potential**

2023, Hospitality Human Resources Association, **Tackling Employee Stress and Burnout When You Yourself Are on Fire!**

2023, Baker Electric, **The Stress Challenge – Successful Methods to Help Yourself and Others**

2022, SBDC National Conference, **How to Maximize Employee Performance and Avoid Legal Troubles**

2022, SCORE, **Things to Consider Before You Hire**

2022, BNI National Conference, **Stop Ignoring Burnout in Your Organizations!**

2021, Millionaire Mastermind, **Who's Really Running Your Business?**

2021, GFS Group, **Creating a Positive Work Environment – Leading with Intention**

2021, Utopia, **Being a Team Player**

### Featured Articles

#### **AIHR Academy**

Nine Ways Organizational Culture Impacts Business Strategy

#### **Authority Magazine**

How Employers and Employees are Reworking Work Together

How Companies are Creating Cultures that Support and Sustain Mental, Emotional, Social, Physical, and Financial Wellness

Becoming Free from the Fear of Failure

#### **Bold Journey**

Meet Dawn Myers – Resilience

#### **HR America Magazine**

10 Tips for Managing Employee Struggling with Mental Health

#### **SCORE.org**

Top 10 Business Blockers to Overcome as a First-time Entrepreneur

#### **SD Voyager Magazine**

San Diego's Most Inspiring Stories

Inspiring Conversations with Dawn Myers

#### **Shoutout SoCal**

Meet Dawn Myers – Leadership Coach, HR Consultant, Public Speaker

#### **SHRM**

Eleven Market Trends HR Should Prepare For

**Thrive Insider Magazine**

Exclusive Stories of Successful Entrepreneurs

**C-Suite Quarterly (CSQ.com)**

14 Micro-behaviors that can undermine your leadership potential

Expert Witness Testimony Provided**Stokes Wagner**

Hemingway & Perkins vs Evans Hotels

Represented Defendant – Evans Hotels

Testified in JAMS Arbitration

Judgement for Defendant

**Wilson Elser, San Diego**

Finlan vs Spa Havens, LP

Represented Defendant – Spa Havens

Deposition and Jury Trial Testimony

Hung jury – Mistrial – Set for retrial

**Woo-Allen Law**

Kaylan Lavillotti vs InnovaSystems International, LLC

Represented Defendant – InnovaSystems

Deposition given; Trial testimony not needed

Judgement for Defendant

**Wilson Elser, Los Angeles**

Rao vs CYS Excel, Inc

Representing Defendant – CYX Excel

Settlement Reached

**Wilson Elser, Los Angeles**

Buchanan vs Charter Communications

Representing Defendant – Charter Communications

Judgement for the Defendant